



# CHANGE HAPPENS

Let's make it positive  
with the Project Positive  
Change membership





Kuma Chicago

# CHANGE HAPPENS

## New Classes Added Every Month

- Introduction to Yoga**  
Discover the benefits of yoga and learn basic poses in this introductory class.
- Plant-Based Nutrition**  
Learn how to incorporate more plant-based foods into your diet for better health.
- Strength Training for Beginners**  
Build strength and confidence with this beginner-friendly workout.
- Yoga for Stress Management**  
Use yoga techniques to reduce stress and improve mental clarity.
- Healthy Living 101**  
A comprehensive overview of healthy living, including diet, exercise, and sleep.
- Introduction to Meditation**  
Learn the basics of meditation and how to incorporate it into your daily routine.

# START YOUR FREE 14-DAY TRIAL & GET ACCESS TO 6 EXPERT TRAININGS

**How to Manage Life Changes** with Anna Lovett

**Create Your Money Breakthrough** with Louise Cartwright

**How to Quiet Your Monkey Mind** with Karin Bosveld

**Raising Children through Love** with Karin Monster-Peters

**Brand and Marketing Secrets** with Sashka Hanna-Rappl

**Your Energy and Your Pets** with Kerri Lake

SIX NEW LIFE-CHANGING TRAININGS ADDED EVERY MONTH

# HOW MAKE IT POSITIVE WORKS



## VIDEO TUTORIALS BY EXPERTS

Step by step instructions on optimizing your life by experts, therapists, coaches, writers, and speakers. There will be surveys and polls for YOU to weigh in on the topics and solutions that you most want to see.



## WORKSHEETS TO HELP YOU TAKE ACTION

Downloadable worksheets to plan out your steps to creating the change you want. New video and worksheet trainings will be added every month.



## SUPPORTIVE COMMUNITY

You will be surrounded by people who are committed to living their highest and best selves by continuing to improve the quality of their life and relationships. You will get access to an exclusive FB group where each week specially selected experts will be answering your questions.

# SUBSCRIPTION FEES



MONTHLY

\$24

- Six trainings every month
- Q&As and support
- Exclusive Facebook Group

ANNUAL

\$204

- Six trainings every month
- Q&As and support
- Exclusive Facebook Group

START YOUR FREE TRIAL AT  
[WWW.PPCMEMBERSHIP.COM](http://WWW.PPCMEMBERSHIP.COM)

# FAQS

## How do I join?

Once you purchase, you will create your own username and password on the payment process. You will then receive an email where you will be given login access to the product.

## Can I see whether this membership is a good fit before making a becoming a paying member?

Yes! You get free instant access to the membership for 14 days! When you choose to stay after 14 days - you will become a paid member.

## What is included in the membership?

Every month you will receive six new video trainings, six workbooks to support you to take action and integrate what you have learnt, support and accountability in a private Facebook group.

## Can I cancel at any time?

If you are a monthly member, you can cancel at any time! For example, if your monthly membership renews on the 14<sup>th</sup> and you cancel of the 16<sup>th</sup> just two days later (there will be no refund for this time). By paying for a full annual membership - you will get access to the content for the full 12 months.

I'm the creator and founder of Project Positive Change. A community for Heart Centered Entrepreneurs who want to make the world a better place. PPC offers them a community of support, collaboration, and visibility so they can reach more people who need their unique services and gifts. I provide a safe and nurturing space for change-makers to be inspired to be their best and give life to their message by reaching a broader audience. With a supportive community, the feeling of isolation and fear takes a back seat to knowing they can work together to create the change they want to see in the world.

**Leigh Daniel**





PROJECT

Positive Change

The Project assists and helps heart-centered entrepreneurs become more visible and helps as many people as possible authentically and with confidence. We are conscious Change-makers, who are here to provide whatever you need on your journey towards Your Positive Change and Transformation.

For more info. about Project Positive Change visit our website at [projectpositivechange.com](http://projectpositivechange.com) or like us on Facebook @ [projectpositivechange](https://www.facebook.com/projectpositivechange)